

PRACTICE NAME	CONTACT NAME	TELEPHONE NUMBERS	NHS.NET EMAIL ADDRESS	OPENING HOURS	NOTES : MECS Capacity	extra notes
EYE Vision Boutique, Truro	Henning Tonsgaard	01872 859375	henning.tonsgaard@nhs.net	Monday-Friday 10-14.00; by appointment only	No MECS appts	
Histed and Roberts Opticians, Penryn	Tony Roberts	01326 373837	tony.roberts5@nhs.net	Tuesday-Friday 9.30 -13.00 14.00 - 16.30 Sat 9.30 - 13.30	No MECS appts at the moment as optom sick	
Huxter & Davy, Torpoint	Lucy Gaunt	01752 813687	Lucy.gaunt@huxteranddavy.co.uk	Monday-Friday 9.00 - 17.00	1 x Thurs	Practice closed Sat and Sun
Huxter & Davy, Looe	Lucy Gaunt	01503 262054	Lucy.gaunt@huxteranddavy.co.uk	Monday - Friday 9.00 - 17.00, Saturday 9.00 - 14.00	1 x Mon, 1 x Wed, 1 x Fri	
Ibuntu, Truro	Sandhya Dharumpal	01872 261569	sandhya.dharumpal@nhs.net	Monday-Friday 10-16.00	1 x Tues, 1 x Wed, 1 x Thurs, 1 x Fri	
Matthews Opticians, Helston	Adam Matthews	01326 572172	adam.matthews1@nhs.net	Mon-Fri 9.00-17.30; Sat 09.00-13.30	1 x Mon, 1 x Wed, 1 x Fri	
Noakes Habermehl & Kerr, Callington	Andrew Medhurst	01579 382345	nhkopticians.callington2@nhs.net	Monday-Friday 9.00-17.30. Sat 9.00-12.30	1 x Mon, 1 x Fri	closed Sat afternoons and all day Sunday
Noakes Habermehl & Kerr, Carbis Bay	Jason Penhallurick	01736 798495	nhkopticians.carbis@nhs.net	Monday-Friday 9.00-17.30. Sat 9.00-12.30	no availability at the moment	no resident optom at the moment only able to test on a Tues & Thurs
Noakes Habermehl & Kerr, Saltash	kim Luffman	01752 847477	nhk.opticians@nhs.net	Monday-Friday 9.00-17.30. Sat 9.00-12.30	1 x Thurs, 1 x Fri	
Raison Opticians, Helston	Libby Raison	01326 565519	raison.opticians@nhs.net	Mon-Fri 9.00-17.30 Sat 9.00-13.00.	1 x Mon, 1 x Thurs, 1 x Fri	
Reynolds & Slater Penzance	Marcus Slater	01736 366239	reynolds.opticians@nhs.net	Mon-Thurs 8.30-17.15, Friday 8.45-17.15, Sat 9.00-13.00	2 x Mon, 2 x Tues, 1 x Wed, 1 x Thurs, 2 x Fri	
Reynolds & Slater Falmouth	Marcus Slater	01326 749009	reynolds.opticians@nhs.net	Mon, Tues, Wed 9.00 -17.30, Sat 9.00-13.00	1x Mon, 1x Tues, 1x Wed ,1x Thurs and 1x Sat	
Specsavers Launceston	Rachel McClelland	01566 774354	specsavers.launceston@nhs.net	Mon-Fri 8.00-18.30, Sat-Sun 9.00-17.00	2 x Mon, 1 x Wed, 1 x Thurs, 1 x Fri, 1 x Sat, 1 x Sun	Please note change of opening hours: Mon-Fri 08:30 - 17:00, Sat & Sun 09:00 - 17:00
Specsavers Newquay	Dylan Ramburan	01637 854400	specsavers.newquay@nhs.net	Mon-Sat 8.30-18.00, Sun 10-16.00	1 x Tues, 1 x Thurs, 1 x Sat	
Specsavers Truro	Claude Lombard	01872 223818	specsavers.truro@nhs.net	Mon-Fri 8.55-17.30, Sat 8.55-17.00, Sun 10.00-16.00	2 Wed, 2 x Fri, 1 x Sat	
Specsavers, Camborne	Sharon James-Batchelor	01209 710022	specsavers.camborne1@nhs.net	Mon-Fri 8.45-17.30, Sat 9.30-17.00, Sun 10.16.00	1 x Tues, 1 x Wed, 1 x Thurs, 1 x Fri, 1 x Sat	
Specsavers, Falmouth	Paul McGrane and Gillian Sanguinette	01326 212733	specsavers.falmouth1@nhs.net	Mon-Sat 8.30-18.30 ;Sun 9.30-16.30	1 per day mon-sun	
Specsavers, Helston	Rebecca Martin	01326 572573	specsavers.helston@nhs.net	Mon-Sun 9.00-17.30	1 per day mon-sun	
Thompson Opticians, Liskeard	Sarah Sobey	01579 343348	sarah.sobey@nhs.net michaela.leitso@nhs.net	Mon-Fri 9.00-17.00, Sat 9.00-14.00	1 x Mon, 1 x Tues, 1 x Thurs, 1 x Fri	
Varcoe Eyecare, St Austell	Dan Varcoe	01726 73468	varcoe.eyecare@nhs.net	Mon-Thurs 9.00-`17.30, Fri 9.00-17.00, Sat 10.00-15.00	No MECS appts	info provided 16/03/2022 - Opening Hours on a Saturday are 9am - 12.45pm