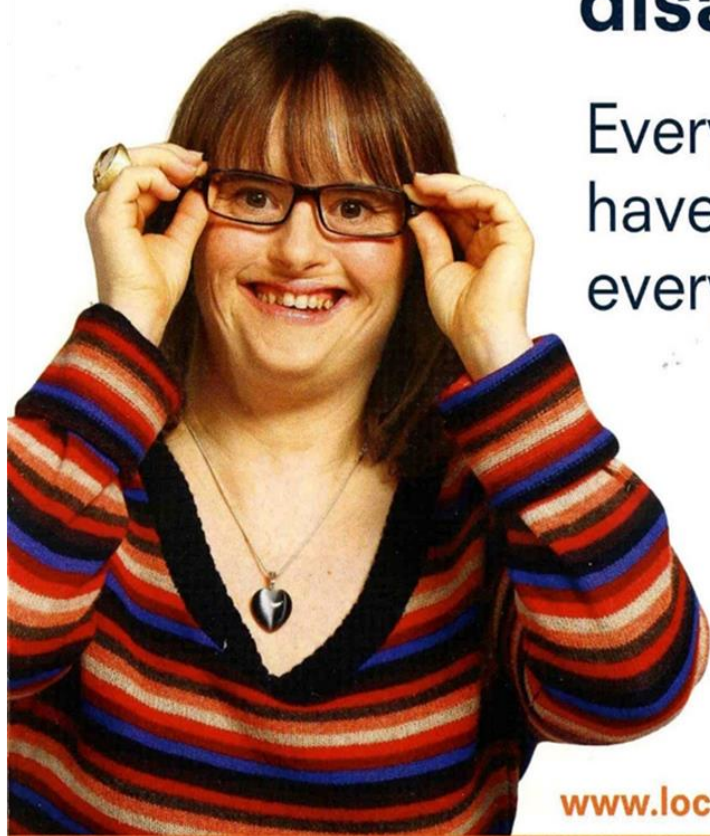


**SEE ABILITY**

Extraordinary every day

**How to  
arrange eye  
tests for  
people with  
learning  
disabilities.**

Everyone should  
have an eye test  
every 2 years.



[www.loc-net.org.uk/durham](http://www.loc-net.org.uk/durham)

Primary  
**eyecare**

County Durham  
Care Partnership



**NHS**  
County Durham  
Clinical Commissioning Group

# Eye tests at the Opticians

You can visit these Opticians for a longer eye test.

---

## Walkers of Spennymoor

48 High St, Spennymoor,  
Co. Durham. DL16 6DD

 **01388 815482**

also eye tests at home provider



---

## Simon Berry Optometrist

The Jam Pot,  
41a Marshall Terrace,  
Durham. DH1 2HX

 **0191 3757544**

also eye tests at home provider



---

## G A & J M Foster Opticians

92 High Street, Willington,  
Crook. DL15 0PE

 **01388 746800**

also eye tests at home provider



---

## Andersons Opticians

3-5 Mautland Street  
Houghton le Spring. DH4 4BH

 **0191 5842226**

also eye tests at home provider



---

## Bayfields Opticians

12 Market Place  
Barnard Castle. DL12 8ND

 **01833 631849**

---

# 5 easy steps to having an eye test

1..... Choose your Optician / Optometrist

---

2..... Contact them and tell them the appointment is for a person with a learning disability

---

3..... Ask the Optician / Optometrist as you may be eligible for an NHS funded eye test.

---

4..... Fill in SeeAbility's **"Telling the Optometrist about me"** form and give this to the Optician / Optometrist and *before* your appointment day if possible.



You can get this form in the SeeAbility website:  
[www.seeability.org](http://www.seeability.org) or from the Optician.

---

5..... Have your eye test

For more information contact: Stephen Kill on 07738 040307  
[www.seeability.org](http://www.seeability.org)